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Difficult diseases have met their match.

Volunteer News

October 2022

This themed newsletter will focus on Long-COVID and the various tools and resources to take part in COVID-related research.

An introduction to **Long-COVID**

According to the Centers for Disease Control and Prevention (CDC), post-COVID conditions, also known as **Long-COVID**, include a wide range of health problems that people experience after becoming sick with COVID-19. Symptoms often include fatigue, shortness of breath, and thinking and memory problems, in addition to several other symptoms and conditions.

Jessica Eidenmuller, from Vanderbilt University Medical Center (VUMC), describes her personal journey with Long-COVID, and offers readers information and resources to help find care, treatment, and Long-COVID research opportunities.

[Click here to read her story.](#)



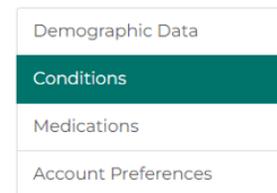
Updating your volunteer profile

If you've been diagnosed with Long-COVID, make sure to add this to your list of health conditions. You can easily update this information on your Volunteer Dashboard by following the steps below:

Step 1: Log into [ResearchMatch](#) and navigate to **“Update your profile! Ask a question!”**



Step 2: Click **“Update your health information”** to open your Demographic Data page. Use the menu on the left and click on **“Conditions”**.



Step 3: Begin typing **“Long-haul COVID”** into the search bar and ResearchMatch will automatically list all the options available in our system. Select the one that matches your condition and click the **“Add”** button.

Search for conditions:

A screenshot of the search bar for conditions. The search bar contains the text 'long haul' and a dropdown menu is open showing the suggestion 'long-haul covid-19'. To the right of the search bar is an 'Add' button.

Step 4: Click the **“Next”** button at the bottom of the page to save your changes.

Find COVID research studies with Trials Today



Interested in participating in a COVID-19 research study? With our Trials Today tool, you can easily search the thousands of clinical trials that are recruiting volunteers from across the U.S. Click on the included links and be taken to a list of over 500 studies researching [COVID-19](#) and [Long-Haul COVID](#).

Find a COVID trial today, with [Trials Today!](#)

Non-profit collaborators working in Long-COVID

ResearchMatch is proud to share the following non-profit collaborators working to address Long-COVID.



The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease through education, advocacy, and research. The American Lung Association provides over 15,000 learning resources on the effects of Long-COVID to educate and advocate for the public.



The Anxiety and Depression Association of America (ADAA) is an international non-profit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

DYSAUTONOMIA INTERNATIONAL



AWARENESS



ADVOCACY



ADVANCEMENT

Dysautonomia International is a non-profit organization that seeks to improve the lives of individuals living with autonomic nervous system disorders through research, physician education, public awareness and patient empowerment programs.

Dysautonomia International established the *Long COVID Fund* in 2020 to provide a dedicated stream of funding for high-quality research grants seeking to identify the biological causes of Long COVID, and to identify effective treatments for Long COVID, particularly with respect of the dysautonomia occurring in a majority of Long COVID patients.



Hispanic Community
Counseling Services

Hispanic Community Counseling Services (HCCS) is a Latino-operated, community-based, outpatient agency offering behavioral and mental health intervention services that enable individuals and families to meet the challenges within today's scope of "problems of living".

The National Organization for Rare Disorders (NORD) is a patient advocacy organization dedicated to individuals with rare diseases and the organizations that serve them. NORD, along with its more than



300 patient organization members, is committed to the identification, treatments, and cure of rare disorders through programs of education, advocacy, research, and patient services. NORD stands in solidarity with the rare community and extends their support to those impacted by COVID-19, both directly and indirectly by sharing resources in hopes to educate and empower the community.

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Need Assistance?

Contact us at info@researchmatch.org



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