



Difficult diseases have met their match.

Volunteer Newsletter

Winter 2026



*Thank!
You!*

Thank YOU for making discoveries possible!

[ResearchMatch continues to exist because of volunteers like you!](#) YOU play an important role in furthering healthcare research, and we thank you!

Since the start of this platform in 2009, more than 8,000 studies have been registered on ResearchMatch, and with your help, many have resulted in the publication and sharing of scientific discoveries and findings.

We encourage you to learn more about why your participation is so important and to help spread the word about the importance of healthcare research. Some ideas include:

- Encourage your friends, family, and neighbors to join ResearchMatch as a volunteer.
- Use the **“Tell a Friend”** feature on your Volunteer dashboard to easily tell someone about ResearchMatch.
- Like, follow, and share ResearchMatch on [Facebook](#), [Instagram](#), and [X \(formerly Twitter\)](#).
- Visit our [Why Research?](#) page to learn more about why research is important.
- Share resources on clinical trial participation from trusted sources like the [National Institutes of Health](#) and the [National Institute on Aging](#).
- Visit [Trials Today](#) and search for trials that may be of interest to you or a loved one.
- Learn more about our platform, researchers, community collaborators, and participating in research by visiting our website to find articles, videos, and more!

With over 1,400 studies currently looking for volunteers on ResearchMatch, we’re excited for all the discoveries waiting to be made in 2026. Make sure to keep your user profile up to date so that you can be matched with studies that are most relevant to you. When it comes to ensuring a healthier future for all, let’s all say “Yes, I’m interested!” and become part of the solution for a better tomorrow.

-The ResearchMatch team

2025 - A year in review



**2,449 new
Volunteers**



**Over 10 million
study invitations
sent**



**7 new research
institutions**



**Over 360,000
matches made**



**Over 2,100 active
research studies**



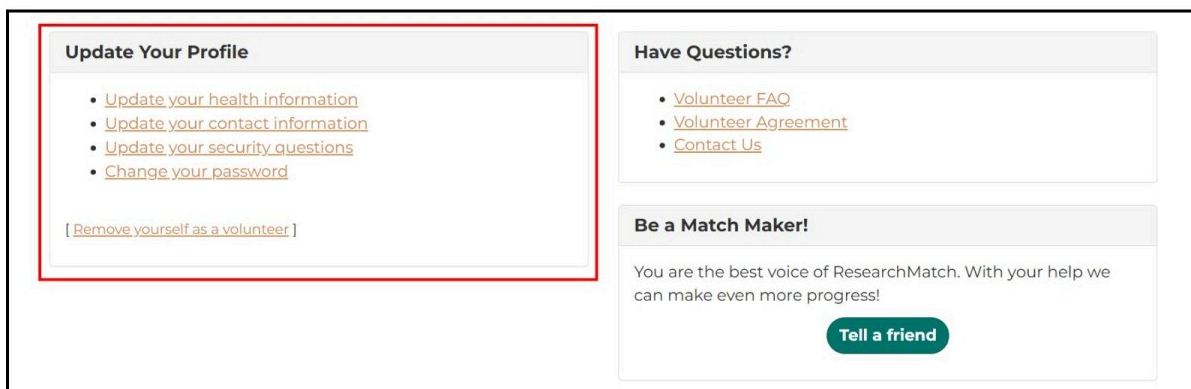
**103 new
publications**

Updating your Volunteer profile for 2026

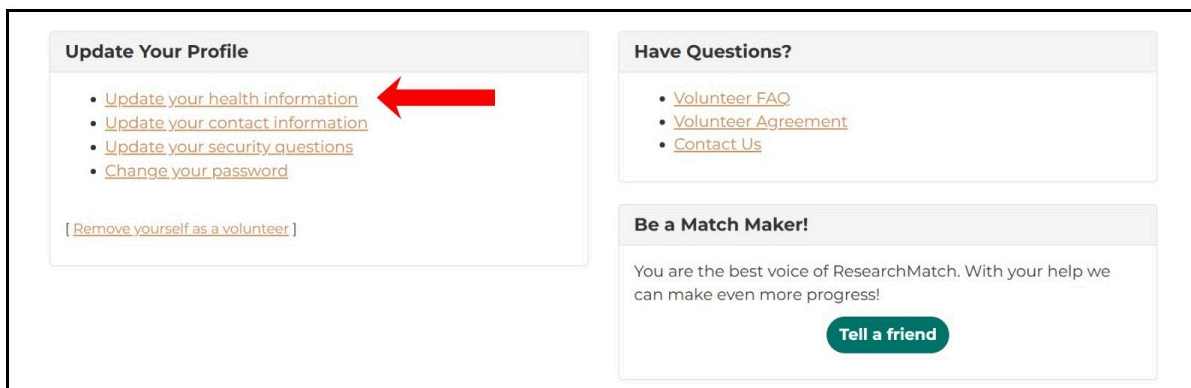
Would you like to add a new health condition or remove an old one? Did you stop taking a medication or start a new one? You can easily update this information on your Volunteer Dashboard.

ResearchMatch strives to connect you with research studies that matter to you! To help make these connections, start the new year off by updating your Volunteer profile with any new health conditions or medications and demographic information.

Update the information in your Volunteer Dashboard by following the steps below:



Step 1: Log into ResearchMatch and scroll down to “Update your profile”.



Step 2: Click “Update your health information” to open your Demographic Data page. Use the menu on the left-hand side and click on “Conditions” or “Medications”.

Tell us about your health conditions

Have you been diagnosed with a health or medical condition?

☒ Yes

☐ No

Start entering the name of a single condition in the box below. Once a condition has been found using the search please make sure you select the condition so that it appears in the list below. You may enter in as few or as many conditions as you like.

Search for conditions:

Add

Step 3: Begin typing into the search bar and ResearchMatch will automatically list all the options available in our system. Select the one that matches your condition or medication and click the **“Add”** button.

Step 4: Click the **“Save and continue”** button at the bottom of the page to save your changes.

Demographic Data

Race and Ethnicity

Conditions

Medications

Account Preferences

Tell us about yourself

Date of birth

Height (ft) Height (in) Weight (lbs)

[\[toggle metric measurements \]](#)

Are you a twin or triplet?

Veteran Status

Tobacco use

What was your biological sex assigned at birth?

Step 5: To update additional information, click on other demographic categories. Review this information and check any additional response options that apply.

Step 6: Click the **“Next”** button at the bottom of the page to save your changes.

Visit ResearchMatch

Need Assistance?

Contact us at info@researchmatch.org.



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